



# St Cyprian's School

## Preparatory School Newsletter 5 February 2010

Dear St Cyprian's School Parents and Guardians

January is a thing of the past and our school year is galloping along. Despite the advice of the Met Office and the rain in the morning, Wednesday evening turned out to be perfect picnic weather and we are so sorry that we had to make a call earlier and postpone it. No wonder Cape Town weather enjoys such a notorious reputation! We sincerely hope you enjoyed last night's picnic with us on the Hockey Field.

Communication is a vital component of any organization and we need to ensure that we are able to keep in touch, while at the same time using a sustainable model. As Mrs Redelinghuys said in her newsletter you will shortly be receiving School Communicator as a package. In line with our new communication system, this is the last time that the girls will be given a hard copy of the school newsletter. In future, we will be emailing you the newsletter. Should this pose a problem for you, please do not hesitate to let Mrs Jappie know so that we can ensure that you get the newsletter via other means.

### **Class Reps**

A big thank you to all our class reps for volunteering to help. We really appreciate it. Please remember that you don't have to be a class rep to get involved in our school. The PTA would love your assistance in their many activities.

### **Art Classes**

Our dear Art Teacher, Leesa Swart, is desperate for donations of any of the following items for the art class which will really enrich our art lessons and the children's creative experience.

- Old calendars with pictures of work by famous artists to use as resources
- A variety of fabric cut-offs and scraps, felt, fur etc
- White polystyrene trays which have not been used for meat and which have not been printed onto.
- Sweet wrappers (colourful and shiny), wrapping paper, tissue paper and any other interesting patterned paper.
- Plastic lids and corks.
- Old buttons and beads
- Long cardboard rolls (eg from foil)
- Cereal boxes (folded)
- Match boxes
- Wool, ribbon, string and raffia
- Fabric flowers and imitation foliage.

- Items which can be used for still life and observation: interesting old shoes, baskets, old cloth with patterns, vases/jugs, ornaments you don't want, masks etc
- Plants that don't need natural light and can live in the art class with us!
- Old towels, tea towels (Please!) for drying our hands and keeping the room clean.
- Feathers
- Magazines (No gossip, property, DSTV or inappropriate (eg FHM))

Thank you so much for your support. It is very much appreciated. I hope it will be a wonderful year filled with creativity and inspiration for you and your children!

### **The start of the day**

I know how busy the traffic is and we really appreciate the efforts that have been made to get our girls to school on time. Our Grade Ones have settled in very well but can we ask all parents to leave the classrooms at least 10 minutes before school starts to enable the girls to sort themselves out and get ready for the school day. This allows a period of calm and focus. Your co-operation would be much appreciated.

### **Aftercare**

A number of issues have been raised about the Aftercare programme which I am currently investigating. May I draw your attention to the following:

- The children at Aftercare have been placed in the direct care of the Aftercare supervisors. We ask that, in the interests of security, parents refrain from taking other children from the Aftercare to ballet, the tuckshop, etc. The Aftercare supervisors have been instructed not to allow this and we do not want this to lead to ill-feeling and discord.
- Grade Ones and Twos have an extremely busy Extramural programme. Consequently, some of them do not have time to eat their lunch. I have asked the teachers to allow them a few minutes at the end of the day to have time to eat, until we can investigate the matter properly. I hope that this interim measure will solve this problem.
- If your child has a play-date in the afternoon, **please notify the Aftercare supervisors** so that they know where your daughter is. Girls may not just decide on the day to go home with someone else without your blessing as it causes extreme anxiety and a fear for your child's safety.
- Please ensure that your daughter's clothes are marked so that they may be returned to their rightful owner.

The Aftercare number is 078 9666 525

### **Athletics Day Grade 4-7**

This compulsory event takes place on Saturday 6 February 2010 on the Hockey Field. Please take note of all the information on the programme.

### **Casual Day- Grade 1 to 7**

Our Casual Day on Friday 12 February 2010 is in aid of the Red Cross Hospital. Girls are requested to wear red and white and to bring R5. We are also collecting new and used stationery. Old unused paper is always welcome too.

### **MySchool Card**

Win a Gift Hamper with our Back2School Swipe Competition! Visit Woolworths Gardens between 1 February and 28 February. Swipe your MySchool card with every purchase to raise funds for our school. The supporter with the most SWIPE transactions will win!!!

Include your Name and School on your till-slip, and deposit it in the MySchool box in-store. Terms: This competition is open to MySchool supporters of St Cyprians School and Herzlia Highlands Primary School only. In-Store draw on 1 March 2010. **Happy swiping!**

### **Bullying**

We are adopting a “zero tolerance attitude” towards bullying, both verbal (including cyber-bullying) and physical. We are dealing with it as it happens. Girls are encouraged to break the “Code of Silence” and speak out if they feel that they are being victimised. Our aim is to ensure that school is a safe and happy place for all. Parents and guardians, please help us with regards to the messages your daughters are sending to each other on Mixit and Facebook as cyber-bullying often happens from the home.

### **Phonological Awareness Workshop- Grade R and 1 Parents and Guardians**

We are presenting a workshop for parents on how to build your child into a good reader. We will be sending a letter to you but would like you to diarise this important event:

Wednesday 17 February 2010 from 18h00-19h00 in the hall.

### **Play Therapy at St Cyprian’s School**

Mari van Riet is offering the following service to parents:

#### **Counselling/Therapy (Individual)**

Divorce, Loss of a loved one, Aggression, Bullying, Social skills, Anxiety & stress, Low self-esteem, Sleeping problems & Parental Guidance.

#### **Educational Therapy (Individual/Group)**

- Emotional Intelligence (Mad & Sad isn't bad, Help is here for facing fear, Jealousy isn't for me!)
- Anxiety & Stress (Don't pop your cork! Getting-out-of-a-stress-mess)
- Low self-esteem (Be the star that you are!)
- Shyness: (Shyness isn't a minus)
- Social skills (Bye-bye bully, Hello friend!)
- Sibling Rivalry (Bratty Brothers & Selfish Sisters)

Contact: Mari van Riet, 083 234 3851 / [dmvan.riet@gmail.com](mailto:dmvan.riet@gmail.com) to discuss fees and payment options.

### **Thought for the Week**

***“Good habits are as easy to form as bad ones”*** Tim McCarver

**Tracy Laubscher**

**Head: Preparatory School**



St Cyprian's School

**Prep School Weekly Reminder Term 1, 2010**

<b>Date</b>	<b>FEBRUARY, 08-12</b>	<b>Week 5</b>	<b>Day 1 – Day 5</b>
<b>Time</b>	<b>Event</b>	<b>Venue</b>	<b>Details</b>
<b>MONDAY 8 FEBRUARY</b>			
08h00	Foundation Phase Chapel	Chapel	Parents are welcome to join us.
08h00-13h00	Grade 3 KB Outing	Groot Constantia	
09h50-10h20	Grades 4-12 Assembly	Hall	
17h30-20h30	Kids' Literary Quiz	Rustenburg Girls' Junior School	
<b>TUESDAY 9 FEBRUARY</b>			
08h00-13h00	Grade 3 MRS Outing	Groot Constantia	
09h30-12h30	Grade 7 Outing	Kirstenbosch	
09h50-10h20	Grades 1-7 Assembly	Hall	Parents are welcome to join us.
<b>WEDNESDAY 10 FEBRUARY</b>			
14h30	Intermediate Phase Staff Meeting	DT Lab	
<b>THURSDAY 11 FEBRUARY</b>			
09h50-10h20	Grades 4-7 Chapel	Chapel	Parents are welcome to join us.
14h30	Grade 7 AC Academic Progress Meeting for staff	TAL's Office	
18h00	Boarding House Valentine's Dinner	Dining Room	
<b>FRIDAY 12 FEBRUARY: Prep School Casual Day-all girls are requested to wear something white and red and to bring R5 and stationery in aid of the Red Cross Hospital.</b>			
13h15	Foundation Phase Staff Meeting	KB's Classroom	



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**Prep School Weekly Reminder Term 1, 2010**

Date	FEBRUARY, 15-19	Week 6	Day 6 – Day 10
Time	Event	Venue	Details
<b>MONDAY 15 FEBRUARY</b>			
08h00-08h30	Grades 1-3 Chapel	Chapel	Parents are welcome to join us.
08h30	Prep School Inter-House Gala (Grades 4-7)	Swimming Pool	Parents are welcome to join us.
16h30	FINCO	Voorkamer	
<b>TUESDAY 16 FEBRUARY: Shrove Tuesday</b>			
09h50-10h20	Grades 1-7 Assembly	Hall	Parents are welcome to join us.
10h20-10h40	Grades 4-7 Pancake Races	Chapel Lawn	
<b>WEDNESDAY 17 FEBRUARY: Ash Wednesday</b>			
10h45	Prep School Eucharist	Chapel	Parents are welcome to join us.
13h40-14h30	Prep School Management Meeting	TAL's Office	
14h30	Grades 1-7 Staff Meeting	DT Lab	
18h00-19h00	Phonological Awareness Workshop for Grade 1 Parents	Hall	Grade 1 Parents are invited to join us.
<b>THURSDAY 18 FEBRUARY: Grade 7 girls write Entrance/Scholarship Papers for Grade 8, 2011. This happens during school time.</b>			
09h50-10h20	Grades 4-7 Chapel: Lent Food collection	Chapel	Parents are welcome to join us.
<b>FRIDAY 19 FEBRUARY</b>			
08h00	Grades 1-3 Concert	Hall	Parents are warmly invited to join us.